First Order Delays

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Use Formula: People with Virulent Infection/Mean time until Death

First Order Delays and Transition Processes

- We can think of first order delays as representing a deterministic approximation to a population experiencing a memoryless (Poisson) stochastic transition process
- The system is "memoryless" because the chance of e.g. a person leaving in the next unit of time is independent of how long they've been there!
- The probability distribution of residence time in the stock is exponentially distributed

Dynamics of Stock?



Dynamics of (Rate of) Death Flow?





- Alpha is per-time-unit likelihood of death
 - Chance of death over small Δt is $\alpha \Delta t$
 - If x people are at risk, # dying over Δt is x*(Likelihood of death over Δt)=x($\alpha \Delta t$)= x $\alpha \Delta t$
 - When people die, they flow out => cause a negative change in x.
 - We denote the change in x over the time Δt as Δx Thus $\Delta x = -x\alpha \Delta t$
- As x is depleted (becomes smaller), Δx becomes smaller as well (for a fixed Δt)

Approximate Dynamics

Suppose x(0)=1000 $\Delta t=1$ $\alpha=. 2$

Time (t)	Stock Value (x)	Change in stock (∆x) -x*Alpha*DeltaT
0	1000	-200
1	800	-160
2	640	-128
3	512	-102.4
4	409.6	-81.92
5	327.68	-65.536

Flow Rate Dynamics

• The total change in x over the time Δt is Δx

Thus $\Delta x = -x\alpha \Delta t$

- This might be 10 people over a timeframe of .1 year (~36.5 days)
- The rate of change of x over given time Δt is $\Delta x/\Delta t$ This is just the sum of all of the flows

For system, $\Delta x / \Delta t = (-x\alpha \Delta t) / \Delta t = -x\alpha = -People*DeathRate$

Because x (People) changes, this flow rate changes over the course of the time we are observing

Suppose time is measured in years; then for our example above, $\Delta x/\Delta t = 10/.1 = 100$ people per year

Approximate Dynamics: Net Flow Rate

Reminder: Suppose Initial x=1000 $\Delta t=1$ $\alpha=.2$

Time (t)	Stock Value (x)	Change in stock (∆x) -x*Alpha*DeltaT	Net Flow Rate=Δx/Δt Here, Δt=1, so Δx/Δt=Δx/1=Δx
0	1000	-200	-200
1	800	-160	-160
2	640	-128	-128
3	512	-102.4	-102.4
4	409.6	-81.92	-81.92
5	327.68	-65.536	-65.536

Why is This Approximate?

- Our previous graphs used a value of $\Delta t=1$
- In calculating the change (Δx) from t to t+Δt (here, t+1), we are assuming that the flow rate (people/year) stays constant in that time
 - Recall: In general, this flow rate will be determined by the value of stocks
 - So in assuming that the flow rate remains constant, we were basically assuming that the values of the stocks stay constant over time Δt
 - For our system, given that the value of the stock x (People) declines by around 20% per time unit, this is not a very good assumption!

How Can We Reduce the Error? Try a Smaller Δt

 Let's work forward for ½ of a year at a time instead of for a full year
 Time Stock Change in stock Net Flow Yelve (v)

x(0)=1000

∆t=.5

α=.1

Time (t)	Stock Value (x)	Change in stock (∆x) -x*Alpha*DeltaT	Net Flow Rate=Δx/Δt Here, Δt=1, so Δx/Δt=Δx/1=Δx
0	1000	-100	-200
0.5	900	-90	-180
1	810	-81	-162
1.5	729	-72.9	-145.8
2	656.1	-65.6	-131.2
2.5	590.5	-59.0	-118.1
3	531.4	-53.1	-106.3
3.5	478.3	-47.8	-95.7
4	430.5	-43.0	-86.1
4.5	387.4	-38.7	-77.5
5	348.7	-34.9	-69.7

Approximate Dynamics: Net Flow Rate

	∆t=1	∆t=.5	∆t=.25
Time (t)	Stock Value (x)	Stock Value (x)	Stock Value (x)
0	1000	1000	1000
1	800	810	814.5
2	640	656.1	663.4
3	512	531.4	540.4
4	409.6	430.5	440.1
5	327.68	348.7	358.5

Vensim has a Step Size! (Set via Model Menu/Settings Item)



Impact of Step Size on Simulation



Continuous Mathematics (Calculus!)



- Alpha is per-time-unit likelihood of death
 - Chance of death over small dt is αdt
 - If x people are at risk, # dying over dt is x*(Likelihood of death over Δt)=x(αdt)= xαdt
 - When people die, they flow out => cause a negative change in x.
 - We denote the change in x over the time dt as Δx Thus dx= -x α dt
- As x is depleted (becomes smaller), dx becomes smaller as well (for a fixed dt)

Flow Rate Dynamics: Continuous

- The total change in x over the time dt is dx
 Thus dx= -xαdt
 - This might be 10 people over a timeframe of .1 year (~36.5 days)
- The rate of change of x over given time dt is dx/dt This is just the sum of all of the flows!

For system, dx/dt =(-x α dt)/dt=- α x=-People*DeathRate

Because x (People) changes, this flow rate changes over the course of the time we are observing

 $=\dot{x}=-\alpha x$

• We will sometimes write dx/dt as $\dot{x} dx$

The Concept of "Analytic" Solutions

- The model structure describes system behaviour *implicitly*
 - This indicates how short term changes (flows) depends on the state of the system
 - This does not explicitly state how the system evolves
- Analytic ("closed form", "exact") solutions describe system behaviour as an *explicit function of time*

 $- E.g. a+b*t+c*t^{2}, a+b*t, a*sin(t), e^{\alpha t}$

- For many systems we will be dealing with (nonlinear systems), an analytic solution *is simply not derivable*
 - Even when an analytic solution is possible, it is often most convenient to deal with simulations for most needs

An Exact Solution to Our Problem

• The state equation formulation of our system is $\frac{dx}{dt} = \dot{x} = -\alpha x$

This is a linear differential equation with constant coefficients – a type of system that can be solved exactly.

Solution Procedure

$$\frac{dx}{dt} = -\alpha x$$

- Suppose we start x at time 0 with initial value x(0), and we want to find the value of x at time T
- Assuming that x does not start at 0, it will never reach exactly 0, so we can divide the left side by it, and multiply the right side by dt

 $\int_{t=0}^{t=1} \frac{dx}{x} = \int_{t=0}^{t=1} -\alpha dt$

$$\frac{dx}{x} = -\alpha dt$$

Integrating both sides

Completion of Derivation





$$\ln x(T) - \ln x(0) = -\alpha T$$

$$\ln x(T) = \ln x(0) - \alpha T$$

$$x(T) = e^{\ln x(0) - \alpha T} = e^{\ln x(0)} e^{-\alpha T} = x(0)e^{-\alpha T}$$

So the stock x declines as a negative exponential in time T i.e. # of people remaining in the stock goes down exponentially w/time

Fraction of Original People Still in Stock or Who have Left

 Assuming no inflows, the fraction of people still in the stock at time T is just

(# of people in the stock at time T)/(initial # of people in the stock)=

$$\frac{x(T)}{x(0)} = \frac{x(0)e^{-\alpha T}}{x(0)} = e^{-\alpha T}$$

• Given that people either stay in the stock or leave, the fraction that have left by time T= $1 - \frac{x(T)}{r(0)} = 1 - e^{-\alpha T}$

At Time=1

- At time t=1, we have a fraction $e^{-\alpha \cdot 1} = e^{-\alpha}$ in the stock, and a fraction $1 e^{-\alpha}$ who have left
- Note: By its Taylor Expansion $e^{-\alpha t} = \sum_{i=0}^{\infty} \frac{(-\alpha t)^{i}}{i!} = 1 + (-\alpha t) + \frac{(-\alpha t)^{2}}{2!} + \frac{(-\alpha t)^{3}}{3!} + \cdots$ $= 1 - \alpha t + \frac{(\alpha t)^{2}}{2!} + \cdots$
- For small αt , the higher order terms are very small, and this will be approximately $1 \alpha t$
- So by time 1 for small α , approx 1- α will remain after, and a fraction of α will have departed

Mean Time to Transition

- People are leaving via the flow
- Suppose we wish to determine the mean (average) time for a given person in the stock to leave
- Recall: A mean for a continuous probability distribution p(t) is given by $\int tp(t)dt$
- Since p(t)dt is the probability that will leave between t and t+dt, this is just the continuous version of

$$E[q(a)] = \sum_{a \in \{\text{Possible values of a}\}} aq(a)$$

Mean Time to Leave

- p(t)dt here is the likelihood of a person leaving exactly between time t &dt+t
 - We start the simulation at t=0, so p(t)=0 for t<0</p>
 - For t>0, P(leaving exactly between time t and dt+t)=P(leaving exactly between time t and t+dt|Still have not left by time t)P(Still have not left by time t)
- For T>0, P(Still have not left by time t)= $e^{-\alpha T}$
- For P(leaving exactly between time t and t+dt|Still have not left by time t)

Recall: For us, probability of leaving in a time dt always= α dt

Thus P(leaving exactly between time t and t+dt|Still have not left by time t)= α dt

P(t)dt=P(leaving exact b.t. time t &dt+t)= $(e^{-\alpha T})(\alpha dt) = \alpha e^{-\alpha T} dt$

Derivation of Mean

P(t)dt=P(leaving exactly between time t &dt+t)=

$$\left(e^{-\alpha T}\right)\left(\alpha dt\right) = \alpha e^{-\alpha T} dt$$

• Now that we have found the function p(t), we must do the integral $\int_{t=-\infty}^{t=\infty} tp(t)dt$ to derive the mean $t=-\infty$

• Here
$$E[p(t)] = \int_{\substack{t=\infty\\t=\infty\\t=0}}^{t=\infty} tp(t)dt = \int_{t=0}^{t=\infty} tp(t)dt = \int_{t=0}^{t=\infty} t\alpha e^{-\alpha T}dt$$

Recall: Integration by Parts

- We have $E[p(t)] = \alpha \int_{t=0}^{t=\infty} t e^{-\alpha T} dt = \alpha \left(\int_{t=0}^{t=\infty} t e^{-\alpha T} dt \right)$ • To solve the term in brackets, we will use
- To solve the term in brackets, we will use integration by parts
- Integration by parts exploits the following/l $\frac{d(uv)}{dt} = u \frac{dv}{dt} + v \frac{du}{dt}$ d(uv) = udv + vdu $\int d(uv) = \int udv + \int vdu$ $uv = \int udv + \int vdu$ and thus $\int udv = uv - \int vdu$

• To solve $\int_{t=0}^{t=\infty} te^{-\alpha T} dt$ we will use integration by parts $u = t \Rightarrow du = \frac{du}{dt} dt = 1 dt = dt$

Here

$$dv = e^{-\alpha T} dt \Longrightarrow v = \int e^{-\alpha T} dt = \frac{-e^{-\alpha T}}{\alpha}$$

From the previous page, we know



Thus

- The mean time (the *delay associated with a first order delay*) is thus given by $E[p(t)] = \alpha \int_{t=0}^{\infty} te^{-\alpha T} dt = \alpha \left(\int_{t=0}^{t=\infty} te^{-\alpha T} dt \right)$ $= \alpha \left(\frac{1}{\alpha^2} \right) = \frac{1}{\alpha}$
- So e.g. if we have an annualized rate of diabetes incident, the mean time to develop diabetes (independent of other risks) is just the reciprocal of that rate (i.e. 1 over that rate)

Computer Exercise: Simulating a First Order Delay

- Create a first order delay
- Feed in a "step function" that rises suddenly at time 10.
- How does the output from the stock change over time?

Competing Risks

 Suppose we have another outflow from the stock. How does that change our mean time of proceeding specifically down flow 1 (here, developing diabetes)?



Competing Risks Stock Trajectory
Solution Procedure
$$\frac{dx}{dt} = -\alpha x - \beta x = -(\alpha + \beta) x$$

- Suppose we start x at time 0 with initial value x(0), and we want to find the value of x at time T
- This is just like our previous differential equation, except that " α " has been replaced by "(α + β)"
 - The solution must therefore be the same as before, with the appropriate replacement
 - Thus

$$x(T) = x(0)e^{-(\alpha+\beta)T}$$

Mean Time to Leave: Competing Risks

- p(t)dt here is the likelihood of a person leaving via flow 1 (e.g. developing T2DM) exactly between time t &dt+t
 - We start the simulation at t=0, so p(t)=0 for t<0</p>
 - For t>0, P(leaving on flow 1 exactly between time t &dt+t)=P(leaving on flow 1 exactly between time t &t+dt|Still have not left by time t)P(Still have not left by time t)
- For T>0, P(Still have not left by time T)= $e^{-(\alpha+\beta)T}$
- For P(leaving exactly between time t and t+dt|Still have not left by time t)

Recall: For us, probability of leaving in a time dt always= α dt

Thus P(leaving exactly between time t and t+dt|Still have not left by time t)= α dt

P(t)dt=P(leaving exact b.t. time t &dt+t)

 $= \alpha e^{-(\alpha+\beta)T}$

Mean Time to Transition via Flow 1: Competing Risks

• By the same procedure as before, we have

$$E[p(t)] = \alpha \int_{t=0}^{t=\infty} t e^{-(\alpha+\beta)T} dt$$

- Using the formula we derived for the integral expression, we have $E[p(t)] = \frac{\alpha}{\left(\alpha + \beta\right)^2}$
- Note that this correctly approaches the single-flow case as $\beta \rightarrow 0$

Equilibrium Value of a First-Order Delay

 Suppose we have flow of rate i into a stock with a first-order delay out

- This could be from just a single flow, or many flows

The value of the stock will approach an equilibrium where inflow=outflow

Equilibrium Value of 1st Order Delay

- Recall: Outflow rate for 1st order delay=αx
 Note that this depends on the value of the stock!
- Inflow rate=i
- At equilibrium, the level of the stock must be such that inflow=outflow
 - For our case, we have

αx=i

Thus x=i/ α

The lower the chance of leaving per time unit (or the longer the delay), the larger the equilibrium value of the stock must be to make outflow=inflow

Computer Exercise: Simulating a First Order Delay

- Create a first order delay
- Feed in a "step function" that rises suddenly from 0 to 20 at time 10

Use formula if then else(Time > 10, 20, 0)

- Questions to ponder
 - How does the output from the stock change over time?
 - How does the equilibrium value of the stock vary with chance of proceeding (alpha)?
First Order Delays in Action: Simple SIT Model



Department of Computer Science

First Order Delays in Action: Simple SIT Model



Recall: Simple First-Order Decay





Use Formula: People with Virulent Infection*Per Month Likelihood of Death

People in Stock

People with Virulent Infection



People with Virulent Infection : Baseline

Flow Rate of Deaths

Deaths



Cumulative Deaths



Cumulative Deaths : Baseline

Closeup



Cumulative Deaths : Baseline

50% per Month Risk of Deaths

Cumulative Deaths



Cumulative Deaths : Baseline pt5

Answer: The "Gap" is Present Because not all 1000 people are at risk for a month!

- The value of the stock is declining over the first month
- The rate of death indicates that 20% of the population will die per month
- While we may have been expecting 200 people (20% of the 1000) to die, this (erroneously) assumes that all 1000 were at risk for the entire month
 - In fact, because the stock was declining, there were considerably fewer people at risk, meaning that we have fewer deaths
- If we had maintained 1000 people in the stock for the 1st month, 1000 people would have died!



Questions

- What is behaviour of stock x?
- What is the mean time until people die?
- Suppose we had a constant inflow what is the behaviour then?



• Mean Time Until Death Recall that if coefficient of first order delay is α , then mean time is $1/\alpha$ (Here, 1/0.05 = 20 years)

Equilibrium Value of a First-Order Delay

 Suppose we have flow of rate i into a stock with a first-order delay out

- This could be from just a single flow, or many flows

The value of the stock will approach an equilibrium where inflow=outflow

Equilibrium Value of 1st Order Delay

- Recall: Outflow rate for 1^{st} order delay= αx
 - Note that this depends on the value of the stock!
- Inflow rate=i
- At equilibrium, the level of the stock must be such that inflow=outflow
 - For our case, we have

αx=i

Thus x=i/ α

(equivalently, x = i * Mean time to Transition)

The lower the chance of leaving per time unit (or the longer the delay), the larger the equilibrium value of the stock must be to make outflow=inflow

Scenarios for First Order Delay: Variation in Inflow Rates

- For different immigration (inflows) (what do you expect?)
 - Inflow=10
 - Inflow=20
 - Inflow=50
 - Inflow=100
 - Why do you see this "goal seeking" pattern?
 - What is the "goal" being sought?

Behaviour of Stock for Different Inflows People (x)



Why do we see this behaviour?

Behaviour of *Outflow* for Different Inflows Deaths



Why do we see this behaviour? Imbalance (gap) causes change to stock (rise or fall) \Rightarrow change to outflow to lower gap **until outflow=inflow**

Goal Seeking Behaviour

- The goal seeking behaviour is associated with a negative feedback loop
 - The larger the population in the stock, the more people die per year
- If we have more people coming in than are going out per year, the stock (and, hence, outflow!) rises until the point where inflow=outflows
- If we have fewer people coming in than are going out per year, the stock declines (& outflow) declines until the point where inflow=outflows



What does this tell us about how the system would respond to a sudden change in immigration?

Response to a Change

 Feed in an immigration "step function" that rises suddenly from 0 to 20 at time 50

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- Set the Initial Value of Stock to 0
- How does the stock change over time?

Create a Custom Graph & Display it as an Input-Output Object

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Stock Starting Empty Flow Rates Inflow and Outflow



Stock Starting Empty? Value of *Stock* (Alpha=.05)

People (x)



How would this change with alpha?

For Different Values of (1/) Alpha Flow Rates (Outflow Rises until = Inflow)



This is for the *flows*. What do stocks do?

For Different Values of (1/) Alpha Value of Stocks



Outflows as Delaved Version of Inputs









Simple SIT Model



Classic Feedbacks



Dynamics

State variables over time



Broadening the Model Boundaries: Endogenous Recovery Delay



Broadening the Model Boundaries: Endogenous Recovery Delay



A Different Behaviour Mode



Prevalence : Baseline 30 HC Workers

I : Baseline 30 HC Workers

Person

Structure as Shaping Behaviour

- System structure is defined by
 - Stocks
 - Flows
 - Connections between them
- Nonlinearity: The behaviour of the whole is more than the sum of the behaviour of the parts
 - "Emergent" behaviour would not be anticipated from simple behaviour of each piece in turn
- Stock and flow structure (including feedbacks) of a system determines the qualitative behaviour modes that the system can take on